

ASSEMBLY & USER MANUAL



KEEP ME MOVING™ Steerable Folding Knee Scooter Item # BJ210500

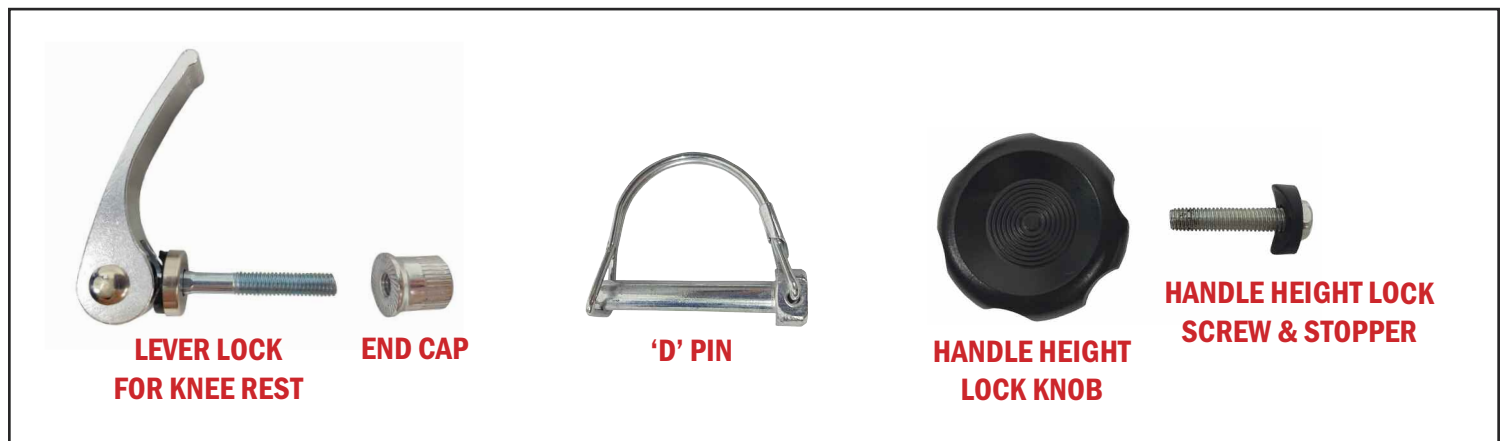




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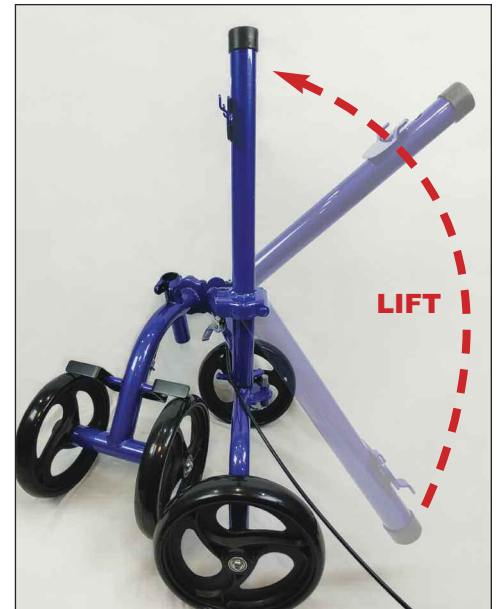
PARTS DIAGRAM



ASSEMBLY INSTRUCTIONS



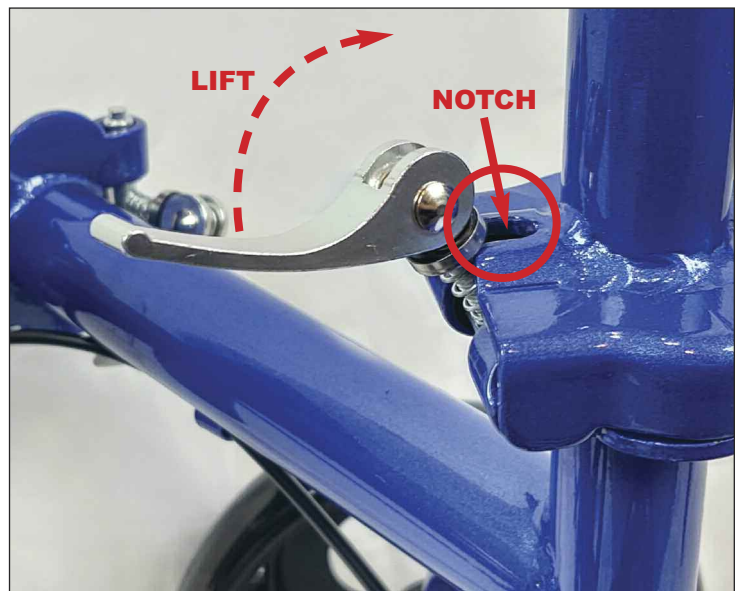
1. Unpack the knee scooter from the box and remove all protective packaging.



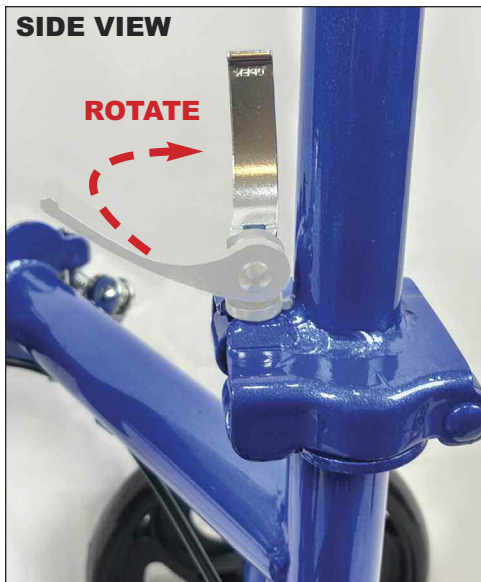
2. Lift the handlebar tubing up so that it is in an upright vertical position.



3A. To lock the handlebar tubing in place, first locate the lever lock on the handlebar tubing.



3B. Lift the lever lock so that it slides into the notch.



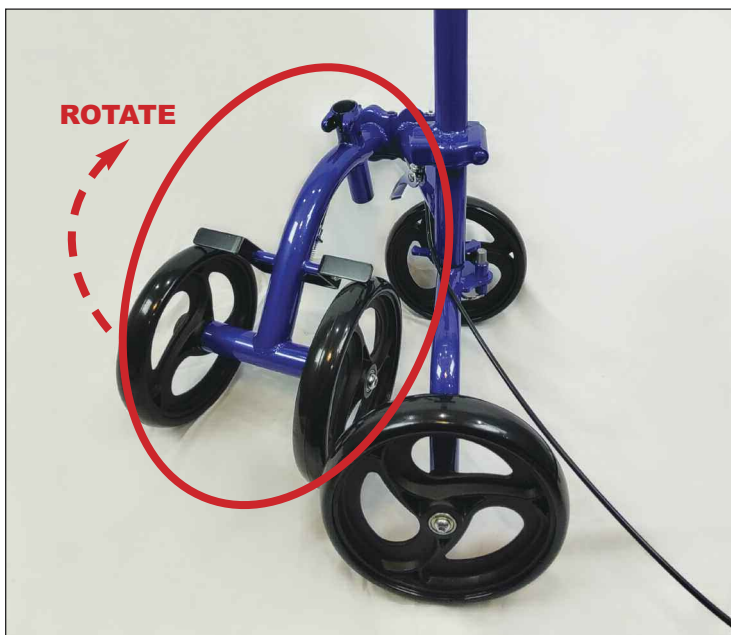
3C. Once the lever lock is securely in the notch, rotate the handle to the left or right.



3D. Push the handle down.



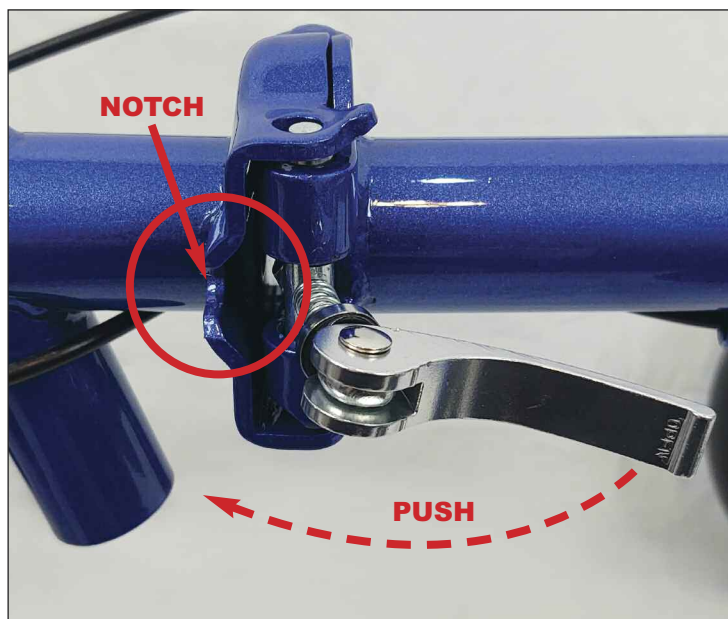
3E. The handlebar tubing is now securely locked in place.



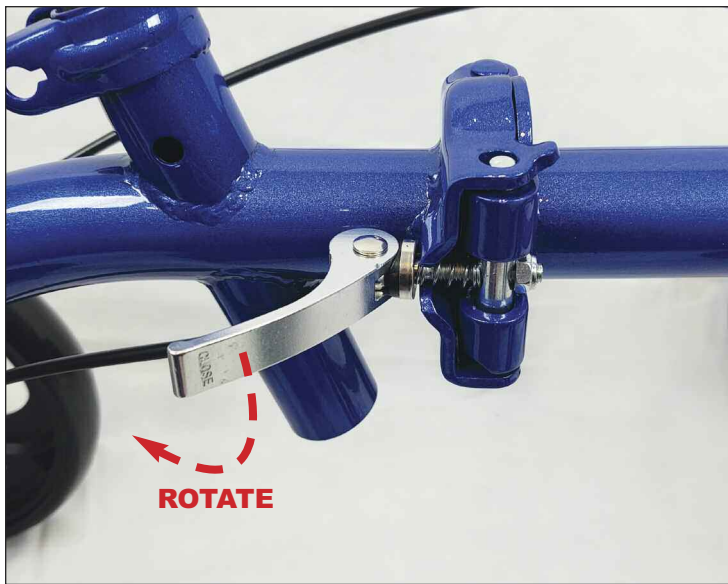
4. Next, rotate the back half of the knee scooter so that it is aligned with the front half of the knee scooter.



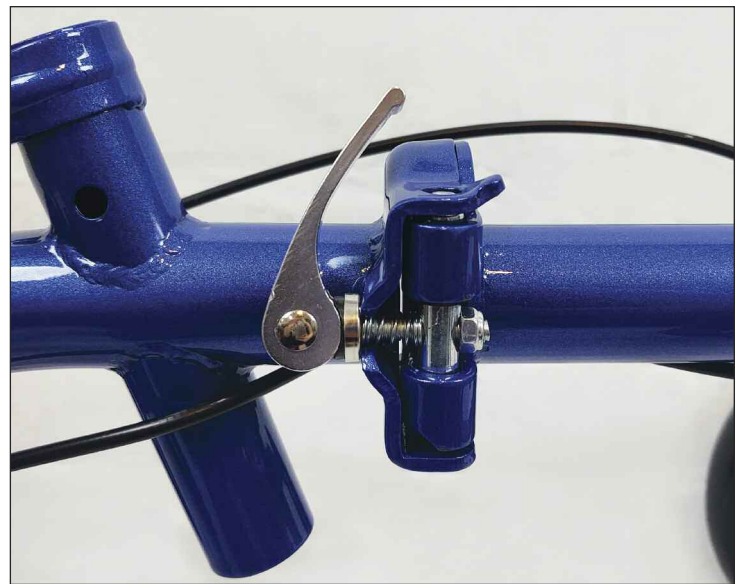
5A. To lock the front and back half of the knee scooter together, first locate the lever lock.



5B. Push the lever lock so that it slides into the notch.



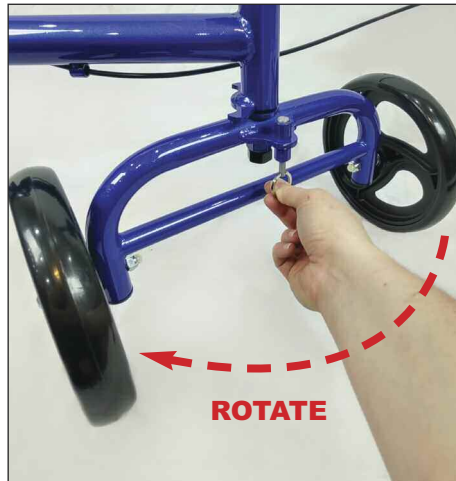
5C. Once the lever lock is securely in the notch, rotate the handle down to the right.



5D. Push the handle so that it is pointing up (as pictured). The front and back half of the knee scooter is now securely locked in place.



6A. Next, the front wheels need to be rotated. To do this, locate the pin at the bottom of the handlebar tubing and pull it down.



6B. Continue to pull the pin down while rotating the front wheels 180 degrees.



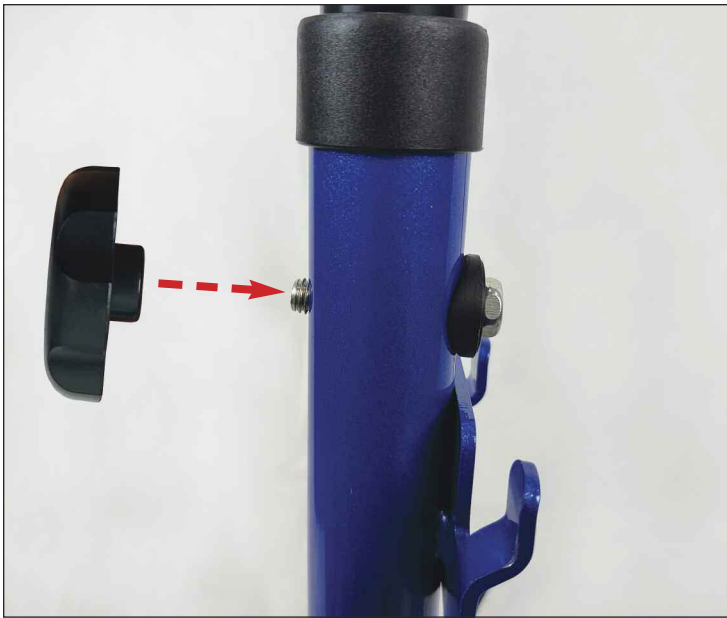
6C. After rotating the wheels 180 degrees, release the pin. The front wheels are now properly aligned.



7. Insert the handlebar into the handlebar tubing.



8A. Next, to lock the handlebars in place, align the holes on the handlebar tubing with the holes on the handlebar and insert the included adjustment screw and stopper so that the screw protrudes through the opposite side of the tubing.

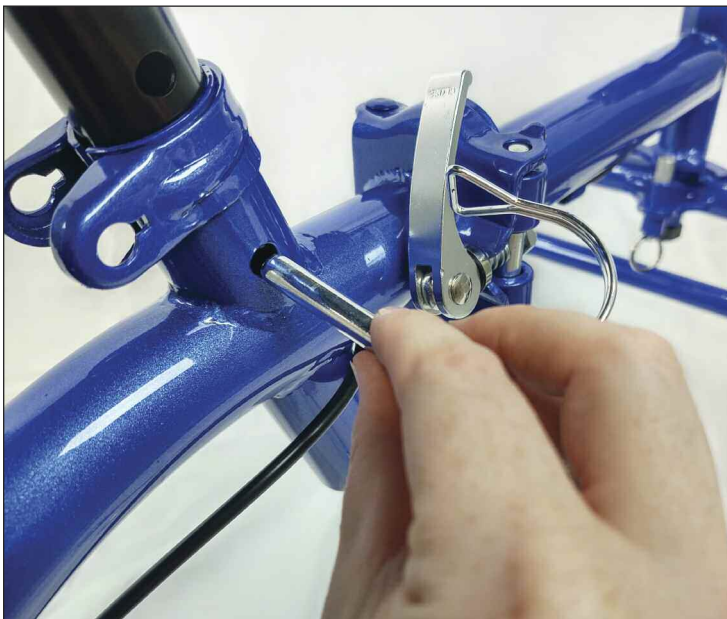


8B. Place the included adjustment knob on the end of the adjustment screw protruding through the tubing and turn to the right (clockwise) to tighten the adjustment knob.



9. Insert the knee rest into the knee rest tubing.

10A. Next, lock the knee rest in place by first locating the two holes underneath the knee rest.



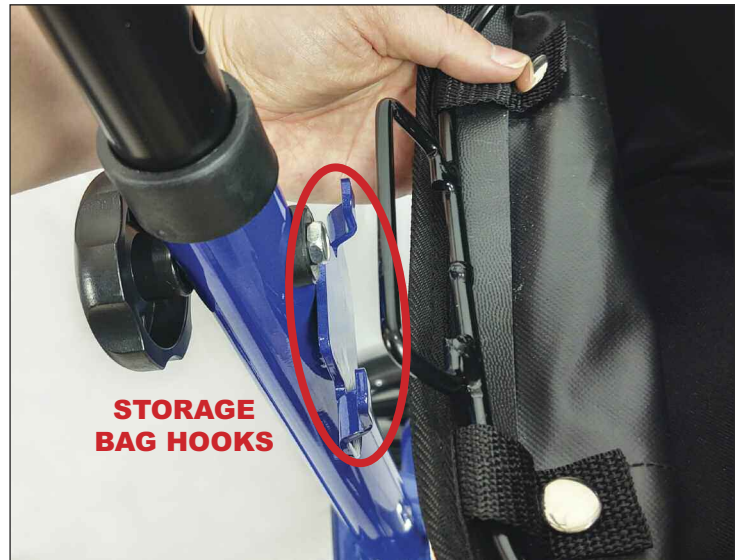
10B. Insert the straight piece of the included 'D' pin into HOLE 1 and hook the opening of the curved piece over the end of the straight piece protruding through the tubing on the opposite side.



10C. Insert the included lever lock into HOLE 2 and screw on and tighten the end cap to the end of the lever lock protruding through the tubing on the opposite side.



10D. Push the handle of the lever lock down. The knee rest is now securely locked in place.



11A. To attach the included storage bag, first locate the two hooks on the front of the handlebar tubing.



11B. Place the storage bag on the two hooks and lower it so that the bag hangs down.



11C. The storage bag is now properly installed.



12. Assembly is complete.

IMPORTANT WARNINGS

- Before using the Knee Scooter, you should be trained by a healthcare professional or knowledgeable medical dealer.
- Before each use, inspect the knee scooter and make sure it is fully assembled, and all locking parts remain locked. Double check the fasteners on all parts prior to each use.
- DO NOT use if any of the components are not in good working order.
- DO NOT use if any of the parts are worn, torn, frayed or loose.
- Make sure there are no obstructions or impediments to normal, safe operation.
- Engage the brakes and practice transferring to and from the knee scooter.
- DO NOT use this knee scooter by yourself until you have been properly trained, you have practiced and feel comfortable and confident that you can maneuver by yourself.
- DO NOT use this knee scooter if you have injuries on both legs.
- DO NOT use this knee scooter if you are dizzy or light-headed.
- The user should take extra time and go extra slow during the first use with this knee scooter.
- Be aware of your surroundings when operating this knee scooter.
- Avoid hazards such as curbs, potholes, uneven surfaces, large cracks or fissures.
- Do not operate on loose gravel or uneven surfaces.
- Stop and move slowly over surfaces that are not perfectly smooth.
- Only operate at slow walking speed.
- Only turn this knee scooter with the propulsion leg firmly on the ground.
- Turning speed should be very slow - much slower than slow walking speed.
- This is a medical device and should only be used if suggested by a medical professional.
- Do not sit, stand or lean on the steering handlebars, even if the brakes are locked.
- If you experience problems, please immediately contact the provider that sold you the product.

OPERATING THE KNEE SCOOTER

- This Knee Scooter is designed to allow most people with a single leg injury below the knee the ability to travel easier.
- Features easy steering, easy stopping, controlled movement and a cushioned platform to support the injured leg and ankle.
- Follow all Warnings in this manual, with each use, to reduce the risk of an accident.
- Placement of the injured leg on the pad should be centered side-to-side and positioned forward so that it covers the full pad length.
- Stand as tall as possible with the injured leg on the pad (adjust the height of the Knee Scooter if necessary, per this instruction manual)/
- With the injured foot pointing down, the propulsion leg should be positioned as close as possible to the pad.
- Practice moving slowly in small steps with your propulsion leg. Develop a rhythm and you will quickly become comfortable.

HAND BRAKE: Check both of the hand brakes prior to each use. DO NOT USE if the hand brakes are not operating properly.

- The Knee Scooters brake system is similar to a bicycle and also has a locking feature
- To engage the brake, simply pull the lever with your fingertips toward the handlebar.
- To lock the brake, pull the brake lever towards the handlebar and at the same time push down on the spring-loaded push button (located on top of the brake). Release the brake. If properly done, the push button will remain down, and brake lever will be locked in place.
- To unlock the brake, pull the lever towards the handlebar and the spring-loaded push button (located on top of the brake) will pop up automatically.

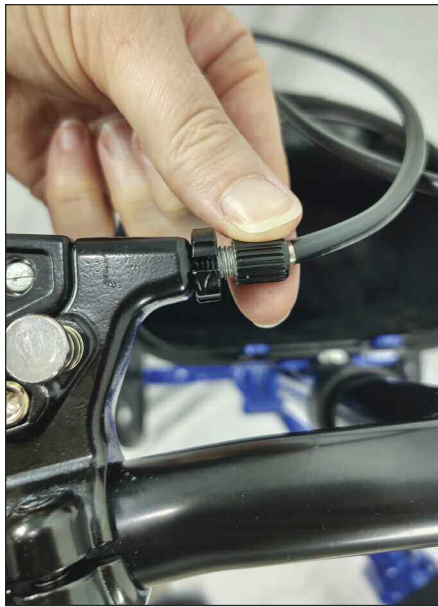


IMAGE 1

ADJUSTING THE HAND BRAKES

- For minor adjustments, the brake adjuster located on the handbrake can be turned out counterclockwise to tighten the brake, or clockwise to loosen the brake. Make sure the cable adjuster nut remains against the hand brake. **(IMAGE 1)**
- If additional adjustment is needed, locate the lower brake cable adjuster by following the black brake line to the bottom of the knee scooter (above the rear wheels). Turn the brake adjuster counterclockwise to tighten the brakes, or clockwise to loosen the brakes. **(IMAGE 2)**. By adjusting the cable adjuster and the adjuster nut away from each other, the brakes will tighten, and as you adjust them closer the brakes will loosen.

HANDLE HEIGHT ADJUSTMENT

- To adjust the handle height, loosen the adjustment knob and, at the same time, hold the adjustment knob screw. See assembly instructions 7, 8A and 8B. Turn the adjustment knob counter clockwise until it is removed from the adjustment knob screw. Remove the screw and stopper and adjust the handle bar height accordingly. Put the adjustment knob screw back through the new height hole and securely tighten the adjustment knob clockwise while holding the adjustment knob screw.

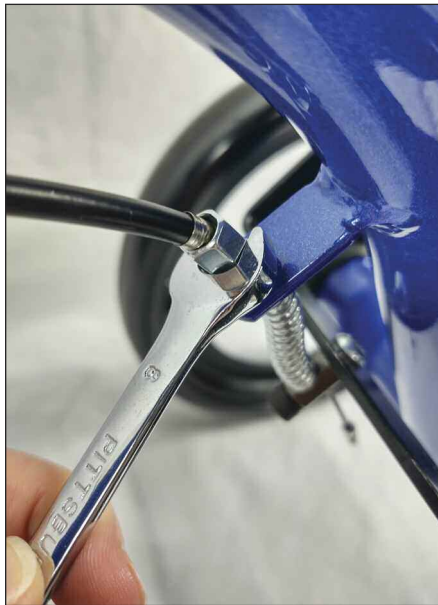
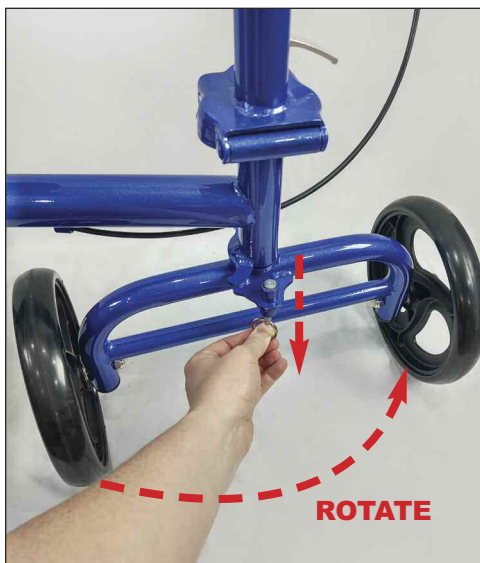


IMAGE 2

KNEE PAD HEIGHT ADJUSTMENT

- To adjust the knee pad, loosen the locking lever under the knee pad. See assembly instructions 9, 10A and 10B, 10C and 10D. Remove the 'D' pin curved piece hook and slide the 'D' pin out of the hole. Open the lever lock and hold the seat so it does not release. Adjust the pad to the desired height and then reinstall the 'D' Pin, make sure the curve piece goes over the end of the protruding straight piece. Tighten the lever lock.
- Double check to make sure that parts are locked and secure.
- Apply pressure to the seat by pushing it down with your hand to make sure it is securely locked in place before use. If all steps were completed properly it will be secure.

TO FOLD FOR STORAGE OR TRAVEL



1. Pull the pin at the bottom of the handlebar tubing down and at the same time, rotate the front wheels 180 degrees.



2. Open the lever lock in the center of the knee scooter and then push it down so it slides out of the hole.



3. Rotate the back half of the knee scooter 90 degrees.



4. Open the lever lock on the handlebar tubing and then pull it so it slides out of the hole.



5. Fold the handlebar tubing down.

WARRANTY

Main frame - 3 year warranty

Small parts* - 6 month warranty

*Small parts includes parts such as wheels, brakes, quick release lock and other quick wearing parts



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